HOME INSTINCTS...

Sophie Conran, chef extraordinaire, proves good taste runs in the family. We asked her what she loves...

I LIKE SPENDING TIME... looking around markets. We spend summers in Provence and there's a fantastic market every day in Arles. Get there really early, before it gets too busy.

MY FAVOURITE DESIGN CLASSIC IS... the Karuselli chair by Finnish designer Yrjö Kukkapuro. My dad has one and I remember swivelling around on it as a child – and now my kids do exactly the same thing.

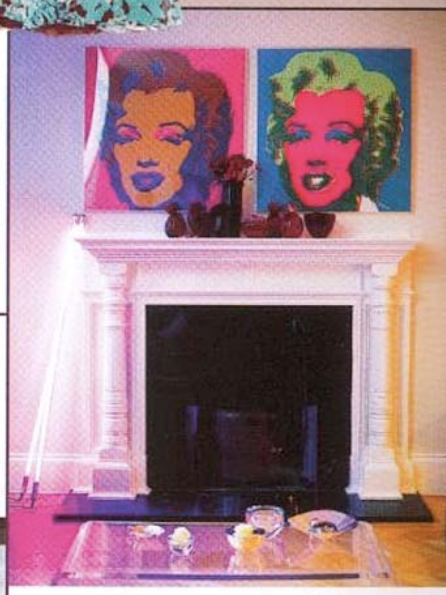
MY FAVOURITE ROOM AT HOME IS... the kitchen. It's where I developed my new gourmet pie range. My favourite is the butternut squash one.

FOR FASHION FINDS I LIKE... Diane von Furstenberg – her stuff is lovely and practical. Plus, my brother Jasper always has some great pieces, and I usually find bits at Selfridges and Matches.

MY FAVOURITE SHOPS INCLUDE... Harrods – the food hall is such a great experience. VV Rouleaux is really inspirational, and Mint on Wigmore Street has the best interiors bits and is great for presents. And Hamleys, for the kids.

MY TIP FOR GREAT GIFT SHOPPING IS... The Raj Tent Club. It's right by the kids' school, so I often pop in. It has a really great mix of things, and I'd love one of the tents, too.

FOR FAB FLOWERS... I always go to my best friend, Nikki Tibbles, who runs florists Wild at Heart. I love old English roses and any medieval type of flowers, such as violas, cornflowers, poppies – even herbs.



I'M A HUGE FAN OF... bed linen. Cologne & Cotton does some of the best and I also go to the Monogrammed Linen Shop. It has to be white with white embroidery – total luxury.

IF MONEY WERE NO OPTION... I'd buy a big house with a huge garden and a pool for my children.

ON MY WISHLIST YOU'LL FIND... a ring by jeweller Stephanie Simon. She's designed this gorgeous ring with diamonds on little posts so it looks like a chequerboard.

MY OPINION ON COLOUR... depends on which room I'm in. I think in an eating area it's nicer to have richer colours, whereas in other rooms, it's better to have neutrals. For instance, the pale shade in my living room shows off my Warhol prints nicely.

SPEED DIAL

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